

# THE REGIONAL MEN'S HEALTH INITIATIVE

## Quarterly News

October to December 2016

### **News Topic: RMHI Mid Term Review (October 2014 to September 2016) Completed**

The RMHI program continues to be an outstanding success. The findings of this Mid-Term Review reaffirms the findings from previous evaluations – that the success of RMHI in its awareness raising and education of men (and others) can be attributed to the following key factors stemming from its processes, products and quality of people employed:-

- a) The use of a variety of approaches helps to embed the health & wellbeing message;
- b) Community ownership & community champions – message matches the need;
- c) Demand driven and responsiveness is inherent in the model;
- d) The skill, personality of RMHI staff;
- e) Linkages established between target groups and other health providers;
- f) Holistic (non-medicalized) model of health & wellbeing.

Owen and the RMHI Team take this opportunity to wish you all a wonderful Christmas and a safe and prosperous 2017.

### **Highlights from the activities in the quarter with RMHI staff in attendance:**

#### **Snapshot of Events:**

- Kalgoorlie – Presentation & Fast Track Pit Stop – Innovation Conference 06/10
- Waroona – Fast Track Pit Stop – Agricultural Show – 08/10
- Fremantle – Presentation – Notre Dame Uni – Rural & Remote Communities 11/10
- Esperance – Fast Track Pit Stop – Agricultural Show – 14/10 & 15/10
- Margaret River – Fast Track Pit Stop – Agricultural Show – 15/10
- Busselton – Presentation & Fast Track Pit Stop – City of Busselton Depot workers – 19/10
- Southern Cross – Presentation – Volunteer Fire & Rescue – 22/10
- Katanning – Presentation & Fast Track Pit Stop – Men's Shed – 26/10
- Newdegate – Presentation – Pre Harvest Catch Up (frost damage) 04/11
- Bruce Rock – Fast Track Pit Stop – Vietnam Vets Weekend – 05/11
- Manjimup – Fast Track Pit Stop – CRC Men's Shed – 10/11
- Perth – Presentation – Suicide Strategy 2020 Regional Zone Co-ordinators – 15/11
- Albany – Presentation – WA Fishing Industry Council – Meeting – 16/11
- Cowaramup – Fast Track Pit Stop – Men's Shed – 30/11
- Broome – Presentation – Men's Shed – 07/12

**Advocacy:** General and Support – 375

To find out more visit [www.regionalmenshealth.com.au](http://www.regionalmenshealth.com.au)

Owen and the Team at RMHI

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